



SHOTOKAN KARATE-DO of UNITED NATIONS

SKDUN European/World Karate Championship

Brown and Black belts only (3rd Kyu and above)

CATEGORIES AND RULES

INDIVIDUAL KATA

01.	CHILDREN	male	10 – 11 years	3 kyu – dan grades	Elimination kata in all these categories are Shitei kata + Tekki Shodan
02.	CHILDREN	female	10 – 11 years	3 kyu – dan grades	
03.	MINICADETS	male	12 – 13 years	3 kyu – 1 kyu	
04.	MINICADETS	male	12 – 13 years	dan grades	
05.	MINICADETS	female	12 – 13 years	3 kyu – 1 kyu	
06.	MINICADETS	female	12 – 13 years	dan grades	
07.	CADETS	male	14 – 15 years	3 kyu – 1 kyu	
08.	CADETS	female	14 – 15 years	3 kyu – 1 kyu	
09.	JUNIORS	male	16 – 17 years	3 kyu – 1 kyu	
010.	JUNIORS	female	16 – 17 years	3 kyu – 1 kyu	
011.	SENIORS	male	+18 years	3 kyu – 1 kyu	
012.	SENIORS	female	+18 years	3 kyu – 1 kyu	

Kata rules for categories: 001 - 012: All rounds by points system (Tensu hoshiki).

Limit of participation: 2 competitors per country per category

The competitors in each category will compete in the elimination rounds down to 8 competitors (semi-final round), then down to 4 (final round).

Two competitors at the same time in elimination rounds, AKA / SHIRO.

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

Elimination rounds – Shitei kata: **Heian Shodan, Nidan, Sandan, Yondan, Godan and Tekki Shodan**

Semi-final round (top 8 competitors) will perform Tokui kata, their choice from **Heian Godan, Tekki Shodan, Bassai Dai, Kanku Dai, Jion, Empi, Hangetsu.**

Final round (top 4 competitors) the competitor can perform any of the 26 kata in the SKDUN Shotokan syllabus except any kata that has been performed in the elimination rounds and semi-final.

013.	CADETS	male	14 – 15 years	dan grades
014.	CADETS	female	14 – 15 years	dan grades
015.	JUNIORS	male	16 – 17 years	dan grades
016.	JUNIORS	female	16 – 17 years	dan grades
017.	YOUTHS	male	18 – 20 years	dan grades
018.	YOUTHS	female	18 – 20 years	dan grades
019.	SENIORS	male	over 21 years	dan grades
020.	SENIORS	female	over 21 years	dan grades
021.	VETERANS	male	36 – 39 years	dan grades
022.	VETERANS	female	36 – 39 years	dan grades
023.	VETERANS	male	40 – 44 years	dan grades
024.	VETERANS	female	40 – 44 years	dan grades
025.	VETERANS	male	45 – 49 years	dan grades
026.	VETERANS	female	45 – 49 years	dan grades
027.	VETERANS	male	50 – 54 years	dan grades
028.	VETERANS	female	50 – 54 years	dan grades
029.	VETERANS	male	55 – 59 years	dan grades
030.	VETERANS	female	55 – 59 years	dan grades
031.	VETERANS	male	60 – 67 years	dan grades
032.	VETERANS	female	60 – 67 years	dan grades
033.	VETERANS	male	over 68 years	dan grades
034.	VETERANS	female	over 68 years	dan grades

Kata rules for categories: 013 – 034 dan grades: All rounds by points system (Tensu hoshiki).

Limit of participation: 2 competitors per country per category

The competitors in each category will compete in the elimination rounds down to 8 competitors (semi-final round), then down to 4 (final round).

Two competitors at the same time in elimination rounds, AKA / SHIRO.

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

Elimination rounds for:

CADETS: Sentei kata - **Bassai Dai, Empi and Jion**

JUNIORS and **YOUTHS:** Sentei kata - **Bassai Dai, Empi, Jion and Kanku Dai**

SENIORS and **VETERANS:** Sentei kata - **Bassai Dai, Empi, Jion, Kanku Dai and Hangetsu**

Semi-final (top 8 competitors): **Tokui kata** (see the approved kata list for the competitor age and grade)

Final round (top 4 competitors) the competitor can perform any of the 26 kata in the SKDUN Shotokan syllabus except any kata that has been performed in the elimination rounds and semi-final.

For choice of Tokui kata see the approved kata list appropriate to the competitors age and grade (the list can be found in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>)

Kata rules for Asai ha Shotokan ryu: All rounds Tokui kata by points system (Tensu hoshiki).

035.	JUNIORS	male	14 – 17 years	Asai ha Shotokan ryu All grades
036.	JUNIORS	female	14 – 17 years	
037.	SENIORS	male	over 18 years	
038.	SENIORS	female	over 18 years	

Limit of participation: 2 competitors per country per category.

The competitors in each category will perform Tokui kata in one elimination round down to semi-final of 8 competitors (one competitor at a time).

In the semi-final, these 8 competitors will perform different Tokui kata (their choice from the approved list), the 4 competitors with the highest scores will perform a different Tokui kata in the final round (for 1st, 2nd and 3rd medal place).

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

KATA TEAMS

All rounds by point system (Tensu hoshiki).

Elimination rounds – Tokui kata.

The Tokui kata for the elimination round must be selected from the approved list and be appropriate for the lowest grade in the team

Final round (top 4 teams) Teams can perform any of the 26 kata in the SKDUN Shotokan syllabus, different than elimination round.

In the case of a draw, teams must perform a different kata to the ones performed in previous rounds.

Limit of participation: 2 teams per country are accepted in each category.

For choice of Tokui kata see the approved kata list appropriate to the competitors age and grade in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>

CADET TEAMS (Minicadets + Cadets), 12 – 15 years.

13. CADET MALE

040. CADET FEMALE

041. CADET MIXED

Cadet team may include one competitor from children category (10-11 years old)

JUNIOR TEAMS (Juniors + Youths), 16 – 20 years

042. JUNIOR MALE

043. JUNIOR FEMALE

044. JUNIOR MIXED

Junior team may include one competitor from cadet category (12-15 years old)

SENIORS TEAMS (Over 21 years)

045. SENIOR MALE

046. SENIOR FEMALE

047. SENIOR MIXED

Senior team may include one competitor from junior category (16-20 years old)

VETERANS TEAMS (Over 36 years)

048. VETERAN MALE

049. VETERAN FEMALE

050. VETERAN MIXED

Types of kumite matches:

IPPON SHOBU (free style – 1 ippon or 3 waza-ari) – for all ages

SANBON SHOBU (free style – 3 ippon or 6 waza-ari) – for all ages

JIYU IPPON kumite (semi-free style) – for children, minicadets, cadets and juniors, *note: they can also participate in Ippon shobu and Sanbon shobu*

KUMITE INDIVIDUAL: IPPON SHOBU

Kumite rules: Ippon Shobu (2 waza-ari or 1 Ippon) for all categories.

Senior individual kumite, Male and Female finals – Sanbon Shobu.

Duration of matches is specified for each age group.

Limit of participation: 2 competitors per country per category

CHILDREN 10 – 11 years, 1 minute 30 seconds

051. Male -34 kg 052. Male -40 kg 053. Male +40 kg 054. Female -40 kg 055. Female +40 kg

MINICADETS 12 – 13 years, 1 minute 30 seconds

056. Male -38 kg 057. Male -45 kg 058. Male -50 kg 059. Male -58 kg 060. Male +58 kg
061. Female -45 kg 062. Female -53 kg 063. Female +53 kg.

CADETS 14 – 15 years, 2 minutes

064. Male -55 kg 065. Male -63 kg 066. Male -70 kg 067. Male +70 kg
068. Female -48 kg 069. Female -55 kg 070. Female +55 kg

JUNIORS 16 – 17 years, 2 minutes

071. Male -60 kg 072. Male -68 kg 073. Male -75 kg 074. Male +75 kg
075. Female -52 kg 076. Female -58 kg 077. Female +58 kg

YOUTHS 18 – 20 years, 2 minutes

078. Male -70 kg 079. Male -78 kg 080. Male +78 kg 081. Female -58 kg
082. Female +58 kg

SENIORS over 21 years, 2 minutes (final match 3 minutes sanbon shobu)

083. Male -70 kg 084. Male -80 kg 085. Male +80 kg 086. Female -58 kg
087. Female +58 kg

VETERANS 36 - 39 years, 2 minutes

088. VETERAN Male Open 089. VETERAN Female Open

VETERANS 40 - 44 years, 2 minutes

090. VETERAN Male Open

091. VETERAN Female Open

VETERANS 45 - 49 years, 2 minutes

092. VETERAN Male Open

093. VETERAN Female Open

VETERANS 50 - 54 years, 2 minutes

094. VETERAN Male Open

095. VETERAN Female Open

VETERANS 55 – 59 years, 2 minutes

096. VETERAN Male Open

097. VETERAN Female Open

VETERANS 60 - 67 years, 2 minutes

098. VETERAN Male Open

099. VETERAN Female Open

VETERANS over 68 years, 2 minutes

100. VETERAN Male Open

101. VETERAN Female Open

Note: Veterans and Youths can also participate in Senior individual category events

102. CADETS, male, Open category, 14 – 15 years, 2 minutes

103. CADETS, female, Open category, 14 – 15 years, 2 minutes

104. JUNIORS, male, Open category, 16 – 17 years, 2 minutes

105. JUNIORS, female, Open category, 16 – 17 years, 2 minutes

106. YOUTHS, male, Open category, 18 – 20 years, 2 minutes

107. YOUTHS, female, Open category, 18 – 20 years, 2 minutes

108. SENIORS, male, Open category, over 18 years old only, 2 minutes (final match 3 minutes, sanbon shobu)

109. SENIORS female, Open category (over 18 years old only) 2 minutes (final match 3 minutes, sanbon shobu)

KUMITE INDIVIDUAL: SANBON SHOBU

Kumite rules: Sanbon Shobu (6 waza-ari or 3 Ippon) for all categories.

Duration of matches is specified for each age group.

Limit of participation: 2 competitors per country per category

Countries that have **Children, Minicadets and Cadets competing in Sanbon Shobu MUST also register competitors in Jiyu Ippon Kumite**, according with the number of competitors admitted per country.

CHILDREN 10 – 11 years, 1 minute 30 seconds

110. Male -34 kg 111. Male -40 kg 112. Male +40 kg 113. Female -40 kg 114. Female +40 kg

MINICADETS 12 – 13 years, 1 minute 30 seconds

115. Male -38 kg 116. Male -45 kg 117. Male -50 kg 118. Male -58 kg 119. Male +58 kg
120. Female -45 kg 121. Female -53 kg 122. Female +53 kg

CADETS 14 – 15 years, 2 minutes

123. Male -55 kg 124. Male -63 kg 125. Male -70 kg 126. Male +70 kg
127. Female -48 kg 128. Female -55 kg 129. Female +55 kg

JUNIORS 16 – 17 years, 2 minutes

130. Male -60 kg 131. Male -68 kg 132. Male -75 kg 133. Male +75 kg
134. Female -52 kg 135. Female -58 kg 136. Female +58 kg

YOUTHS 18 – 20 years, 2 minutes

137. Male -70 kg 138. Male -78 kg 139. Male +78 kg 140. Female -58 kg
141. Female +58 kg

SENIORS over 21 years, 2 minutes (final match 3 minutes, sanbon shobu)

142. Male -70 kg 143. Male -80 kg 144. Male +80 kg 145. Female -58 kg
146. Female +58 kg

Note: Veterans and Youths can also participate in Senior individual category events

JIYU IPPON KUMITE

Jiyu Ippon Kumite rules: The criteria for judgement is the same as for Jiyu Kumite. No scores will be awarded during the match, but penalties may be given for excessive contact

The match will comprise of 6 attacks: jodan-zuki, chudan-zuki, mae-geri chudan, yoko-geri kekomi chudan, mawashi-geri chudan or jodan (must state the target), ushiro-geri chudan. The defender will block and counter using **go-no-sen** (any block and counter-attack combination). Each attack will be conducted first by aka then shiro i.e. aka attacks jodan-zuki, shiro blocks and counter attacks, then shiro attacks jodan-zuki, aka blocks and counter-attacks etc. The decision will be made by Hantei at the end of the match. Competitors who compete in Jiyu Ippon Kumite can also participate in jiyu kumite (Ippon Shobu and Sanbon Shobu). In the rare event of hikiwake, competitors will repeat from Migi-Hanmi-Gamae with Shiro becoming Tori and initiating the attacks.

<http://www.skdun.org/competition-rules/rule-book/> and demonstration video on SKDUN YouTube channel

<https://www.youtube.com/watch?v=fSsa9N3peEQ&t=243s> part 1 and part 2

<https://www.youtube.com/watch?v=XUBsJgnE1JA&t=31s>

Limit of participation: 2 competitors per country per category.

CHILDREN 10 – 11 years

147. Male Open Jiyu Ippon Kumite

148. Female Open Jiyu Ippon Kumite

MINICADETS 12 – 13 years

149. Male Open Jiyu Ippon Kumite

150. Female Open Jiyu Ippon Kumite

CADETS 14 – 15 years

151. Male Open Jiyu Ippon Kumite

152. Female Open Jiyu Ippon Kumite

JUNIORS 16 – 17 years

153. Male Open Jiyu Ippon Kumite

154. Female Open Jiyu Ippon Kumite

MASTERS Competition

The most important event on SATURDAY will be the prestigious Masters competition.

All countries entered shall nominate their best Female and Male competitor over 18 years of age that will compete in Kata and Kumite for the ultimate title of Grand Champion.

This is an elimination competition, competitors compete against each other performing Kata then Shobu Ippon kumite, the competitors are judged against both performances, not necessarily about winning at either Kata or Kumite.

Judgement is by flag system (Kohaku Hoshiki).

155. MASTERS - SENIOR MALE, Kata and Kumite (over 18 years old only)

156. MASTERS - SENIOR FEMALE, Kata and Kumite (over 18 years old only)

KUMITE TEAMS

Limit of participation: 2 teams per country in each team kumite category.

Kumite rules for teams: Ippon Shobu (2 waza-ari or 1 Ippon) for all categories.

CADET TEAMS (Minicadets + Cadets) 12 – 15 years, each match 1 minute 30 seconds

157. Cadets male -57 kg (3 + 1 reserve)

158. Cadets male +57 kg (3 + 1 reserve)

159. Cadets female open (3 + 1 reserve)

160. Cadets mixed open (3 male & 2 female + 1 male and 1 female reserves)

JUNIORS TEAMS (Juniors + Youths) 16 – 20 years, each match 2 minutes

161. Juniors male open (3 + 1 reserve)

162. Juniors female open (3 + 1 reserve)

163. Juniors mixed open (3 male & 2 female + 1 male and 1 female reserves)

SENIORS over 21 years, each match 2 minutes

164. Senior male open (3 + 1 reserve)

165. Senior female open (3 + 1 reserve)

166. Senior mixed open (3 male & 2 female + 1 male and 1 female reserves)

VETERANS (over 36 years) Each match 2 minutes

167. Veteran male open (3 + 1 reserve) – Only veterans are allowed to participate (No seniors)